

3.0

CE Credit Hours
Approved by
NBCC

“Heal the Healer”

Self Care and Well Being for the Clinician

October 6, 2023 | 7:30 am - 12:00 pm

Hope Church, Memphis

Presenting Speakers



Hollie Owens, LPC-MHSP

Therapist at My Memphis Therapist Counseling & Consulting, LLC

Title of Presentation: “Self-Care for the Caring”



Mary Hamm, LCSW

Therapist at Vogelfanger & Struble Clinic, and Life Coach

Title of Presentation: “Taking Care of the Mental Health Professional; A look at the impact of burnout and wellbeing in the workplace.”



Registration is Required.

Scan to register.

*This is a no-cost event for attendees,
compliments of Lakeside
Behavioral Health System.*



Lakeside Behavioral Health System has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6959. Programs that do not qualify for NBCC credit are clearly identified. Lakeside Behavioral Health System is solely responsible for all aspects of the programs.

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